

For the week of **December 7th** , you may receive the following options in the delivery bags:

- Ground Beef Crumbles-Can be used for Tacos, Hamburger Helper, Spaghetti Meat Sauce
 - **Cooking Instructions:**
 - **Oven:** Cook in frying pan over medium heat. Ensure internal temperature reaches 165 degrees.
 - **Microwave:** 1 minute to 1 minute 30 seconds depending on the power. Ensure internal temperature reaches 165 degrees.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Turkey Or Ham Lunch Meat-Serve on Sandwich, Wrap around string cheese for snack, Chop up and add to Scrambled Eggs

- Hamburgers
 - **Cooking Instructions:**
 - **Oven:** Cook at 350 degrees for 10-15 minutes depending on power of the oven. Ensure internal temperature reaches 165 degrees.
 - **Microwave:** 1 minute to 1 minute 30 seconds depending on the power. Ensure internal temperature reaches 165 degrees.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Frozen Corn or Peas
 - **Cooking Instructions:**
 - Microwave in bowl adding 2 tablespoons of water or Boil on stove top until cooked through. Product should be hot to touch when cooked.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Juice Cartons
 - Once thawed, discard after two weeks

All fresh product should be eaten within 7 days of receipt. Use all milk by expiration date listed on jug/ carton. Please note that all products arrive to us to be sent out within a few days of sending the product out, which ensures the product is not expired. We package items in smaller bags from bulk packaging and all product is handled by district food service employees wearing gloves, face masks, and hairnets in a sanitized environment.