

For the week of **November 30th**, you may receive the following options in the delivery bags:

- Ground Beef Crumbles-Can be used for Tacos, Hamburger Helper, Spaghetti Meat Sauce
 - **Cooking Instructions:**
 - **Oven:** Cook in frying pan over medium heat. Ensure internal temperature reaches 165 degrees.
 - **Microwave:** 1 minute to 1 minute 30 seconds depending on the power. Ensure internal temperature reaches 165 degrees.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Deep Dish Pizzas
 - **Cooking Instructions:**
 - **Oven:** Cook at 350 degrees for 10-15 minutes depending on power of the oven. Ensure internal temperature reaches 165 degrees.
 - **Microwave:** 1 minute to 1 minute 30 seconds depending on the power. Ensure internal temperature reaches 165 degrees.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Pre-cooked Roasted Chicken:
 - **Cooking Instructions:**
 - **Oven:** If defrosted, cook at 350 degrees for 10-15 minutes depending on power of the oven. Ensure internal temperature reaches 165 degrees. If frozen, cook 20-25 minutes depending on the power of the oven. Ensure internal temperature reaches 165 degrees.
 - **Microwave:** Cook 1-2 minutes if defrosted depending on the power. If frozen, cook 2-4 minutes. Ensure internal temperature reaches 165 degrees.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Frozen Corn or Peas
 - **Cooking Instructions:**
 - Microwave in bowl adding 2 tablespoons of water or Boil on stove top until cooked through. Product should be hot to touch when cooked.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving
- Juice Cartons
 - Once thawed, discard after two weeks

***All fresh product should be eaten within 7 days of receipt. Use all milk by expiration date listed on jug/ carton. Please note that all products arrive to us to be sent out within a few days of sending the product out, which ensures the product is not expired. We package**

items in smaller bags from bulk packaging and all product is handled by district food service employees wearing gloves, face masks, and hairnets in a sanitized environment.*