

For the week of **February 1st** , you may receive the following options in the delivery bags:

- **Boneless Chicken**
 - **Cooking Instructions: Microwave for 1:30-2 Minutes.**
 - **Oven: 375 Degrees for 16-18 Minutes**
 - **Keep in refrigerator for up to 4 days or freeze for up to 6 months.**

- **Frozen Veggies**
 - **Cooking Instructions:**
 - Microwave in bowl adding 2 tablespoons of water or Boil on stove top until cooked through. Product should be hot to touch when cooked.
 - **Expiration:** If kept frozen, discard after six months. If thawed, use within 7 days of receiving

- **Juice Cartons**
 - Once thawed, discard after two weeks

All fresh product should be eaten within 7 days of receipt. Use all milk by expiration date listed on jug/ carton. Please note that all products arrive to us to be sent out within a few days of sending the product out, which ensures the product is not expired. We package items in smaller bags from bulk packaging and all product is handled by district food service employees wearing gloves, face masks, and hairnets in a sanitized environment.